

TENNESSEE - KENTUCKY - ALABAMA

# CHEERVILLE

## ATHLETICS



## 2020-2021 All-Star Program

**WELCOME TO THE CHEERVILLE ATHLETICS FAMILY!**

We are so excited that you have decided to join us for the 2020-2021 competition season. We take pride in not only training our athletes to become great cheerleaders, but also teaching and instilling life skills that they will carry with them forever. Your athlete will learn time management skills, gain a new sense of pride, respect, discipline, passion, hard work, and overall responsibility. We feel that it is important to teach your athlete to contribute to something bigger than their individual self.



## OPEN GYMS:

### **NOLANSVILLE:**

MAY 18: 1P-3P

MAY 26: 1P-3P

### **HENDERSONVILLE:**

MAY 30: 3P-5P

MAY 31: 2P-4P

### **MT JULIET:**

MAY 29: 6P-8P

MAY 31: 3P-5P

### **BOWLING GREEN:**

N/A

### **ATHENS:**

N/A

**\$5 FEE TO ATTEND OPEN GYM**  
REGISTER ONLINE THROUGH PARENT  
PORTAL

NO EXPERIENCE IS NECESSARY to be on one of our Cheerville teams. We start at age 3 to adults. We offer exhibition teams, prep teams, limited travel all-stars, and full travel all-stars. Our program prides itself on having a team for all ages and ability levels.

We look forward to a successful season with your family!

PROGRAM FIRST



TEAM SECOND



ATHLETE THIRD

Every cheerleader is evaluated as an individual and everyone is placed on a team. Try-outs/Evaluations are a very relaxed and informal atmosphere where the cheerleaders move through a variety of stations working on their jumps, tumbling, flexibility, and stunts. Many factors go into building a team. It is not all about the tumbling. Please be sure your athlete is in proper athletic clothing and shoes.

## TRY OUT DATES

Athens: May 29 - 31  
Nolensville: June 1 - 4  
Hendersonville: June 5 - 7  
Mt Juliet: June 5 - 7  
Bowling Green: June 18 - 20

\$55 paid by May 4\*  
\*\$60 starting May 5

## TEAM ANNOUNCEMENTS:

Athens: June 1  
Nolensville: June 5  
Hendersonville: June 8  
Mt Juliet: June 8  
Bowling Green: June 21

Team announcements will be sent via email through the parent portal by the end of their respective announcement day. Make sure you have subscribed to receive email communication from the parent portal. All required paperwork must be turned and your June payment paid in to participate.

## SESSION 1 of All-Star and Prep Team Tryouts

During the first session of evaluations, all athletes will be evaluated on their tumbling skills.

## SESSION 2 of All-Star and Prep Team Tryouts

During the second session of evaluations, all athletes will be evaluated on their stunting positions and overall experience level. At this time, it is possible that your athlete may be asked to attend another level's session, different from their tumbling qualifications. Both stunting ability and tumbling levels will be taken into consideration during the team placement process.

Location	Level 1	Level 2	Level 3	Level 4	Level 5 & 6
ATHENS	5/29: 2p - 4p 5/30: 10a - 12p	5/29: 4p - 6p 5/30: 12p - 2p	5/29: 4p - 6p 5/30: 2p - 4p	5/29: 6p - 8p 5/30: 4p - 6p	5/29: 8p - 10p 5/30: 6p - 8p
BOWLING GREEN	6/18: 6p - 7:30p 6/20: 10a - 12p	6/18: 7:30p - 9p 6/20: 12:30p - 2:30p	6/19: 6p - 7:30p 6/20: 12:30p - 2:30p	6/19: 7:30p - 9p 6/20: 3p - 5p	6/19: 7:30p - 9p 6/20: 3p - 5p
HENDERSONVILLE	6/5: 5p - 6:30p 6/6: 12:30p - 2:30p	6/6: 2:30p - 4:30p 6/7: 11:30a - 1:30p	6/5: 7p - 9p 6/7: 2p - 4p	6/6: 5p - 7p 6/7: 4:30p - 6:30p	6/6: 7:30 - 9:30p 6/7: 7p - 9p
MT JULIET	6/5: 5p - 6:30p 6/6: 2p - 3:30p	6/6: 9a - 11a 6/7: 3p - 5p	6/5: 7p - 9p 6/6: 4p - 6p	6/6: 11:30a - 1:30p 6/7: 1:p - 3p	6/6: 11:30a - 1:30p 6/7: 1:p - 3p
NOLENSVILLE	6/1: 5:30p - 7p 6/3: 5:30p - 7p	6/1: 7p - 8:30p 6/3: 7p - 9p	6/2: 5:30p - 7p 6/4: 5:30p - 7:30p	6/2: 7p - 9p 6/4: 7:30p - 9:30p	6/2: 7p - 9p 6/4: 7:30p - 9:30p
HARRODSBURG	6/12: 5:30p - 7p 6/14: 1p - 2:30p	6/12: 7p - 8:30p 6/14: 2:30p - 4p	6/13: 2p - 4p 6/14: 4:30p - 6:30p	6/13: 4p - 6p 6/14: 6:30p 8:30p	6/13: 4p - 6p 6/14: 6:30p 8:30p

Each location will host their own Commitment Day. On that day, you will:

- ☐ bring your athlete in to be sized for practice wear
- ☐ turn in all required paperwork
- ☐ pay for the full year in full
- ☐ sign up for tumble classes

**BOWLING GREEN: JUNE 22 // 6-9p**  
**HARRODSBURG: JUNE 15 // 6-9p**  
**NOLENSVILLE: JUNE 11 // 6-9p**

**MT JULIET: JUNE 10 // 6-9p**  
**HENDERSONVILLE: JUNE 9 // 6-9p**  
**ATHENS: JUNE 3// 6-9p**

If you are coming from another program, you will need to have access to your athlete's USASF login and password in order to transfer their membership to our program.

New this season, your age division eligibility will be determined by your birth year instead of an exact cut-off date. There are 6 Levels of teams and a variety of age groups offered at Cheerville. The level corresponds to the type of tumbling skills, pyramids, and stunts that a team can safely perform. Each level increases in difficulty.

## TUMBLING REQUIREMENTS

\*Must be able to complete 3 of the skills listed. (Exception - level 1)

### LEVEL 1

Cartwheel into a backwards roll  
Front walkover  
Back walkover

\*No previous experience tumbling will also attend Level 1 tryouts

### LEVEL 2

Back handspring  
Back walkover, back handspring (connected)  
Front walkover, round off, back handspring  
Round off, back handspring rebound, back handspring series

### LEVEL 3

Toe touch, back handspring series (connected)  
Round off, back handspring tuck  
Front walkover, round off, back handspring tuck  
Aerial or punch front into a round off tuck

### LEVEL 4

Standing tuck  
Standing back handspring tuck  
Round off, back handspring layout  
Front walkover or punch front, round off back handspring layout  
Round off back handspring whip through to tuck/layout

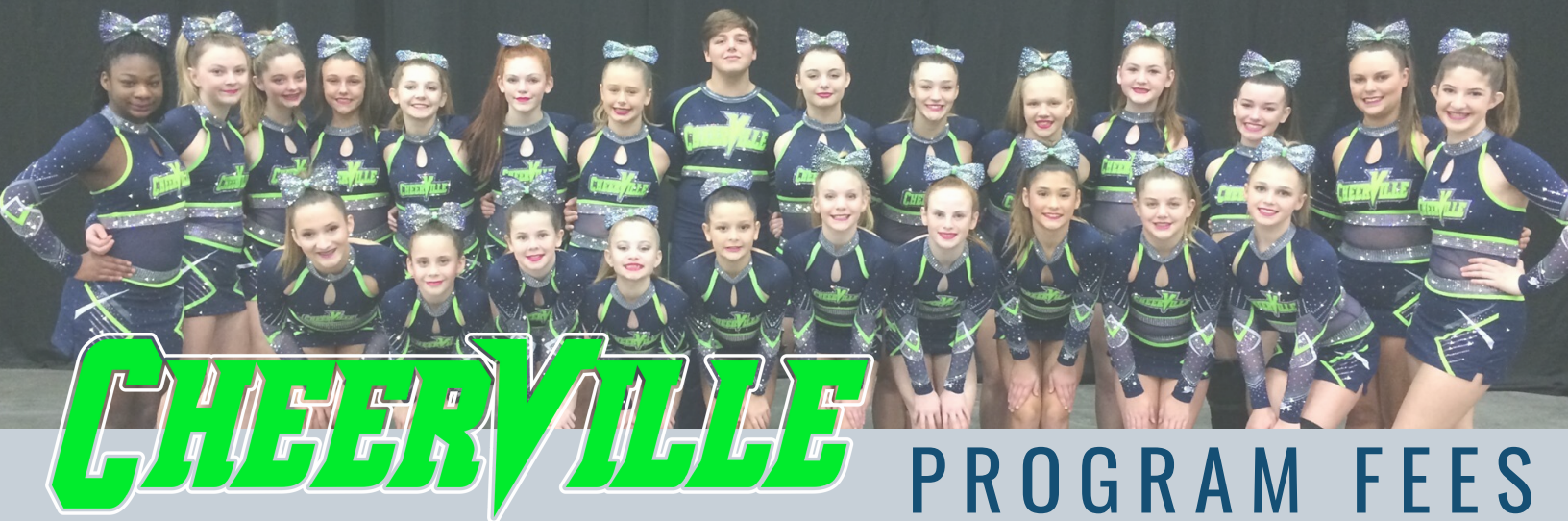
### LEVEL 5

Toe touch, standing tuck (connected)  
Round off, back handspring full  
Standing handsprings into a layout  
Specialty tumbling into a full

### LEVEL 6

Toe touch, standing tuck (connected)  
Round off, back handspring full or double full  
Standing handsprings into a full or double full  
Specialty tumbling into a full or double full  
Standing full





## PROGRAM FEES

Our membership fees are straight forward and include your tuition, practice wear, routine choreography costs, team shirt, competitions, coach costs for local and travel competitions. A sibling discount on your membership is offered to families with multiple children in the program. Boys also receive a discount. Their pricing is reflected in the chart below.

If your athlete chooses to compete on two teams this season, you will need to pay a crossover fee. This will cover their choreography, music, team shirt, and competition registration fees. This will be paid in installments due August 15th, September 15, and October 15.

Uniform fees are an additional cost. We wear our uniforms on a two year cycle. This is the season for brand new All-Star uniforms and the second season on the prep uniforms. The All-Star uniforms are \$470 brand new. The prep uniform is \$250 brand new and \$175 used. More information on our used uniform sale will be sent after tryouts. Uniform fees need to be paid in full by August 15th.

FEE CHART	Exhibition Team (ages 3-6)	Prep Team (ages 5-12)	Limited Travel All-Star (ages 6-14)	Travel All-Star (age 6 & up)	Worlds Teams (ages 13 & up)	International Worlds Teams Cruella (ages 14 & up)
<b>Monthly Membership: Girls</b>	\$80 June \$99 July - February	\$80 June \$125 July - April	\$180* June \$245 July - April <small>*For BG only: June \$165</small>	\$180* June \$310 July - April <small>*For BG only: June \$165</small>	\$180 June \$390 July - April	\$180 June \$150 July - April
<b>Monthly Membership: Boys</b>	\$80 June \$99 July - February	\$65 June - April	\$95 June - April	\$150 June - April	\$210 June - April	N/A
<b>Pay in full</b> by first team practice for discount	\$832	\$1,290	\$2,565	\$3,215	\$4,015	\$1,640
<b>Uniform Fee</b> due by August 15	\$0 (Included)	\$250 (New) \$175 (Used)	\$470	\$470	\$500	\$300
<b>Crossover Fee</b> (Athletes competing on more than one team)	N/A	\$350	\$650	\$650	N/A	\$450

# 2020-2021 PROGRAM FEES



Annual registration fee - \$35 paid once every 12 months. Monthly membership - auto drafted on the 1st of each month starting in June.

## Weekly Practices

- ☐ Exhibition teams practice once a week (Mon-Thurs) for one hour. A one hour tumbling class can be added for a discounted rate of \$45.50 a month.
- ☐ Prep teams practice once a week (Mon-Thurs) for 1.5 hours. Membership includes a weekly one hour tumble class.
- ☐ Limited travel All-Star teams practice once a week (Mon - Thurs) for 2 hours. Membership includes a weekly one hour tumble class.
- ☐ Full travel All-Star teams practice one day a week (Mon-Thurs) for two hours each starting in June. In August, each team will add a 2 hour practice on Sundays. Membership includes a weekly one hour tumble class.
- ☐ Summit and Worlds teams could potentially add a third day for each week's practice during the month leading up to Summit and Worlds.

## What does my membership include?

- ☐ Exhibition and prep teams receive a team shirt, tank, spanks, and practice bow.
- ☐ Limited and full travel All-Stars receive a program shirt, pull over, team shirt, sports bra, spanks, practice bow, and Nfinity shoes.
- ☐ Choreography camp and music fees
- ☐ Coach fees for travel events
- ☐ All registration for competitions, excluding Summit
- ☐ Worlds teams' fees do not include registration for Worlds. If a team does not receive a paid bid to Worlds, an estimated additional fee of \$770 will be paid to attend that event.

## Additional Fees

- ☐ Uniforms (required)
- ☐ Competition bow estimated at \$30 (required)
- ☐ Competition lipstick from REBEL estimated at \$32 (required - purchase through pro shop)
- ☐ Cheerville Warm Ups (optional)
- ☐ Cheerville backpacks (optional)
- ☐ Travel fees to all out of town events
- ☐ Additional tumble classes for prep, limited travel, and travel All-Star teams: \$25 (optional)

## Invoices and Payments

Cheerville requires a card to be on file for auto draft. We will run your draft on the 1st of every month. The only way to opt out of keeping a valid card on file is to pay the year in full. There is no exception to this rule. You are allowed to bring in your payment prior to the first if you do not wish for your fees to be drafted using the card on file.

You will be emailed a statement on the 25th of every month as a reminder of your fees that will come out on the 1st. If your payment is declined, you will receive an email and/or a phone call. If your account remains past due by the 10th of the month, you will receive a \$10 late fee. If the account is not paid by the 15th, your athlete will be asked to sit out of practices until the balance has been paid. If you know in advance that a payment may need to be paid a few days late, please email Michelle Rogers ([mrogers@cheerville.com](mailto:mrogers@cheerville.com)) and she can make a note of that without penalties. Staying ahead of the problem is always helpful! Communication is key!

## **HOTEL BLOCKS FOR TRAVEL EVENTS**

Most of our out of town competitions are "stay to play" which means we are required to book rooms within the block the competition has provided. Please do not book a room for any event until we have received the hotel information from the event producers. We will forward this information to your team with booking instructions.

## **FLIGHTS FOR TRAVEL EVENTS**

Always book refundable flights for any competition. You never know when our schedule, or roster, could change.



# F A Q S

Practices will begin:

Athens: Week of June 8th

Bowling Green: Week of June 22nd

Hendersonville: Week of June 15th

Mt Juliet: Week of June 15th

Nolensville: Week of June 15th

\*All required paperwork and June payment must be received in order for athletes to participate.

### **WHAT IS THE COMMITMENT FOR THE TEAM?**

All-Stars are a year-round commitment. Our competition season runs from October-May.

### **WHAT IF MY CHILD DOES NOT WANT TO CONTINUE THE SEASON AND DECIDES TO QUIT?**

Cheerville Athletics requires a huge commitment from each and every team member, their parents, and our coaches. To help ensure this level of dedication from everyone, we have implemented a fee charged to any athlete who quits his/her team after commitment day. The amount of this fee is \$500 and will be immediately applied to one's account if they are to quit for any reason. If your auto pay declines these fees, you will need to refer back to the policies you signed when setting up your account. You will not be refunded any fees paid to Cheerville Athletics. You will also not receive practice wear or other attire if they have not been received by the time of removal.

\*\*This does not apply to exhibition or prep teams. Those athletes will need to give a 30 day notice to drop enrollment and will be responsible for all fees during those 30 days.

### **WHEN IS CHOREOGRAPHY?**

Choreography camps will be scheduled to take place in August.

### **WILL THERE BE TIME OFF IN THE SUMMER FOR VACATIONS?**

Cheerville will be closed June 26 - July 5 in observance of summer dead weeks. This is the perfect time for you to schedule your vacations. The gym will open back up on July 6.

# FAQs continued

## **ATTENDANCE POLICY: WHAT IF MY CHILD NEEDS TO BE EXCUSED FROM PRACTICE?**

**SUMMER PRACTICES** - All teams will practice one day each week (Mon-Thurs) starting in June. Limited Travel and Travel teams will practice for 2 hours, prep teams will practice for 1.5 hours, and exhibition teams will practice 1 hour per week. In August, full travel teams will add an additional 2 hour practice on Sundays. If your family has already scheduled a vacation during these months, please let your team parent know via e-mail prior to your first practice.

**LIMITED TRAVEL/TRAVEL TEAM ABSENCE POLICY** - Starting in August, Cheerville will be adopting a new attendance policy. We will be allowing each athlete 3 excused absences from practice for the season. The coaches will be keeping record of each absence as they arise and will document the date and reason for the absence. If an athlete exceeds the 3 allotted absences during the season, it is possible that they will be moved to another team, or removed from the program for the season all together. Attendance is very important to each team's success and we need consistent practices with the entire team to adequately perform our best at each competition. Excused practices will not be approved 2 weeks prior to a competition. In order to be excused from a practice, you must request permission from your coach in writing via e-mail. Excused absences include, but are not limited to: Football/Basketball games for school cheer, cheer camp for school cheer, vacations, school trips, and church camp.

**PREP TEAM ABSENCE POLICY** - We will allow athletes to miss for sickness and required school events. If you need to miss a practice for any other reason it will be at the coach's discretion whether you will be excused.

**SICKNESS POLICY** - If your athlete is experiencing a fever or tested positive for a contagious sickness, they will be excused from practice without a penalty towards their 3 excused absences. If your athlete continuously misses practice due to a sickness and it begins hurting a team's overall success, they may be moved to another team or removed from the program for the remainder of the season in order to regain their health.

**EXTRA PRACTICES** - Sometimes a coach will call extra practices if they feel the team needs more attention due to replacements or injury before a competition. We will always add an extra Tuesday, Wednesday, or Thursday night practice for the entire program during the week of an event. The day will depend on which Cheerville Athletics location you attend. These are mandatory and will NOT be excused.

## **CAN MY ATHLETE PARTICIPATE IN SCHOOL CHEER?**

We do allow athletes who are a part of our competitive All-Star program to participate in school cheer. We are willing to discuss scheduling conflicts with the school sponsor as they arise. However, if we cannot come to an agreement, the athlete is always expected to attend their All-Star practice or event with Cheerville. We ask that parents be proactive in discussing these arrangements with their school sponsor before a conflict arises.

## **WILL MY ATHLETE BE EXCUSED FOR THEIR FALL AND SPRING BREAK?**

Each location will close for their county's fall and spring break. Please see dates below:

Athens: Fall Break: October 10-17  
Athens: Spring Break: March 27-April 3  
Bowling Green: Fall Break: October 3-10  
Bowling Green: Spring Break: April 3-10  
Harrodsburg: Fall Break: October 10-17  
Harrodsburg: Spring Break: April 3-10

Hendersonville: Fall Break: October 3-10  
Hendersonville: Spring Break: March 13-20  
Mt Juliet: Fall Break: October 3-10  
Mt Juliet: Spring Break: March 6-12  
Nolensville: Fall Break: October 8-12  
Nolensville: Spring Break: March 13-20

## **CAN I MISS A COMPETITION?**

Your athlete is required to attend ALL competitions on their respective 2020-2021 schedule. They may not miss any event during the season. You will not be allowed to miss any practices two weeks before an event. This includes practices that are scheduled before or during fall or spring break should there be a competition during that time. If this happens, practice times will be addressed with your team directly. You will not be allowed to miss for those reasons. You will receive a competition parent letter the week of each competition with full details for that weekend's event (including meet & compete times.) Expect this to come no earlier than Wednesday evening of that week.



# F A Q s c o n t i n u e d

## **CAN I RECORD MY ATHLETE'S ROUTINES AT EVENTS?**

Video taping is strictly prohibited from the VIP section or any area that may obstruct the judges' view at competitions. We provide high quality videos of each routine on our Cheerville YouTube channel. Event producers also prohibit videos from being shared on social media. Cheerville will help enforce this policy.

## **CAN I PARTICIPATE IN FUNDRAISERS TO PAY MY FEES?**

We will offer three fundraising opportunities throughout the entire season to help offset some of the fees that are due during the season. If you choose to take advantage of the fundraisers, you will still need to keep your account current until the profits are applied. More information on fundraising opportunities will be emailed throughout the season.

## **DOES EVERY TEAM ACCEPT A SUMMIT BID?**

Yes, if your team earns a bid to The Summit, the team will be attending! The estimated fee for each athlete to attend Summit is \$550.

## **WHO DO I DIRECT MY QUESTIONS TO?**

Questions about invoicing and payments will be directed to our Accounts Manager: **Michelle Rogers** ([mrogers@cheerville.com](mailto:mrogers@cheerville.com).)

Questions about practice schedules and absences will be directed to your team parent. They will relay the messages for approval to your coaches. You will receive that person's name and email address after team placement.

Questions about team placements, individual athlete concerns, or All-Star related issues, please direct those to our All-Star Director: **Joey Mastrocola** ([jmastrocola@cheerville.com](mailto:jmastrocola@cheerville.com))

Questions about room blocks for travel events please e-mail our All-Star Travel Coordinator: **O'Shea Parker** ([oparker@cheerville.com](mailto:oparker@cheerville.com))

If you have any location specific questions such as classes or personnel, please reach out to your gym manager:

Athens: Pat Ballew: [pballew@cheerville.com](mailto:pballew@cheerville.com)

Bowling Green: O'Shea Parker: [oparker@cheerville.com](mailto:oparker@cheerville.com)

Harrodsburg: Madeleine Alviar: [malviar@cheerville.com](mailto:malviar@cheerville.com)

Hendersonville: Malik Briggs: [mbriggs@cheerville.com](mailto:mbriggs@cheerville.com)

Mt Juliet: Chelsea "Cheech" Chism: [cchism@cheerville.com](mailto:cchism@cheerville.com)

Nolensville: Greg Shannon: [gshannon@cheerville.com](mailto:gshannon@cheerville.com)



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